

Miss Mala Subash

BM BSc (Hons) DipIBLM FRCOphth - Consultant Ophthalmologist

GMC: 6074196

Why Instruct Miss Subash

- I am a Bond Solon trained Expert Witness in Ophthalmology with over a decade of consultant experience (appointed 2014) that is grounded in high-volume, current clinical reality.
- Sub-specialist expertise in cataract surgery and medical retina, with the experience to advise on common ophthalmology claims, including consent, surgical complications, and delayed diagnosis or treatment of retinal disease.
- Formal training in report writing for Expert Witnesses with Bond Solon, with working knowledge of CPR Part 35 and the accompanying Practice Direction, ensuring reports are compliant, balanced, and court-ready from the outset.
- Moorfields Eye Hospital training, including a dedicated Medical Retina Fellowship, demonstrating clinical rigour that is likely to carry weight with courts and opposing experts.
- Established Clinical Governance Lead and College Tutor, roles that demand exactly the kind of independent, evidence-based judgement and clear communication required of a credible expert witness.
- A track record of over 20 peer-reviewed publications evidencing an ability to analyse evidence rigorously and write with clarity and precision — directly transferable to medico-legal report writing.

Snapshot

Current Role	Consultant Ophthalmologist, Bedfordshire Hospitals NHS Foundation Trust
Specialist Register	Since 2013 NHS Consultant since 2014 (12+ years)
Sub-specialties	Medical Retina • Cataract Surgery (all complexities, high volume)
Training	North Thames rotation, incl. Moorfields Eye Hospital Medical Retina Fellowship, Moorfields
Medico-Legal Training	Bond Solon Report Writing for Expert Witnesses
Leadership	Clinical Governance Lead • College Tutor • Educational Lead (NHS Trust)
Academic Output	20+ peer-reviewed publications; national & international presentations

Profile

Mala Subash is a Consultant Ophthalmic Surgeon with broad expertise across general ophthalmology and particular sub-specialty strength in medical retina and cataract surgery of all complexities. She trained extensively at Moorfields Eye Hospital, including a dedicated fellowship in the Medical Retina Service, and has held consultant responsibility within the NHS for over a decade.

She combines this clinical background with senior governance and educational leadership roles — Clinical Governance Lead, College Tutor and Educational Lead — together with a substantial record of peer-reviewed publication.

She has recently completed formal training in report writing for expert witnesses and is building a medico-legal practice, bringing the clinical credibility, analytical rigour and clear written communication that instructing solicitors require.

Professional Education

BSc (Hons) Biomedical Science	First Class Honours, Southampton University — July 2002
Bachelor of Medicine (BM)	Southampton University — July 2003
FRCOphth	Royal College of Ophthalmologists, London — February 2012
Dip IBLM	Diploma of the International Board of Lifestyle Medicine — December 2025

Clinical Training

Specialty Training North Thames rotation, including Moorfields Eye Hospital

Fellowship Medical Retina, Moorfields Eye Hospital NHS Foundation Trust — Aug 2012 to Jul 2014

Medico-Legal Training

- Bond Solon Report Writing for Expert Witnesses — June 2026

Working knowledge of CPR Part 35 and the accompanying Practice Direction, including the expert's overriding duty to the court, the need to structure opinions around breach and causation, and the preparation of reports for clinical negligence claims involving consent and surgical complications.

Areas of Expert Witness Expertise

- Cataract surgery — complications, consent, intraocular lens implant selection and outcomes.
- Medical retina — diabetic retinopathy and laser treatment, retinal vein occlusion, macular degeneration.
- Intravitreal injection therapy and related complications
- General ophthalmology — delayed diagnosis, red eye, ocular emergencies
- Consent and standard-of-care issues in surgical and medical ophthalmic management

Leadership, Management and Committee Experience

- Clinical Governance Lead, NHS Trust — oversight of patient safety, quality improvement and risk management
- College Tutor, NHS Trust — Royal College of Ophthalmologists-recognised local lead for ophthalmology resident doctors

Teaching and Training

- College Tutor to specialist trainees in Ophthalmology
- Regular teaching updates to local GPs and optometrists (e.g. 'Red Eye and Cataract')
- Over a decade of involvement in optometrist, primary care and medical student teaching

Memberships

- Royal College of Ophthalmologists (UK)
- Indemnity with the MDU

Academic Standing

Author or co-author of over 20 peer-reviewed publications, with work presented at national and international conferences including ARVO, Euretina and the Royal College of Ophthalmologists Congress. A full publication list is available on request.